



## **Vampire P-Shot After-Care Instructions**

- **USE YOUR PENIS PUMP!!** Twice a day for 6 weeks, then once a day for 6 weeks.
- You may resume normal activity.
- Intercourse may be resumed the day of the procedure—and is encouraged.
- Avoid anti-inflammatory (NSAID's, aspirin, Motrin®, Aleve®, ibuprofen) medications for 2 weeks following the procedure, unless taking aspirin for heart or clotting conditions. Tylenol® (acetaminophen) may be taken.
- It's normal to see a small amount of bruising around the injection sites. You might notice a small amount of bleeding when using the penis pump for the first day or two after the procedure.

**Please contact us if you have any questions or concerns: (208) 339-0106**