



Vampire Facial After-Care Instructions

- Wash the treatment area thoroughly a few hours after treatment using tepid water and a gentle cleanser to remove all serum and other debris such as dried blood. This improves the skin's appearance and also allows for better subsequent absorption of the post-procedure PRP.
- Do not apply makeup for at least 24 hours. After 24 hours, mineral makeup may be applied using a CLEAN brush.
- For the first 1–3 days, your skin will be very dry and feel tight. Some flaking is normal; frequent use of hydrating products will help alleviate this.
- Use a physical sunscreen daily.
- After 5–7 days, return to your regular skin care products. Vitamin A products are optimal and recommended.
- Avoid alcohol based toners/lotions/RetinA/hydroquinone products for 10 days.
- Avoid direct sun exposure for at least 48 hours, if possible.
- If PRP was sent home with you, apply it every night for 5 days or until gone. The PRP can be stored at room temperature.
- Tylenol may be taken for discomfort, but avoid anti-inflammatory pain relievers for 2 weeks, if possible. These include: Aspirin (unless taking for a heart regimen or clotting disorder), Motrin®, ibuprofen, Aleve®, and many prescription arthritis medications.

Recovery Timeline

Day 1: Erythema and red appearance severity will depend upon how aggressive the treatment was performed.

Day 2: A red or pink hue persists like a moderate sunburn. A small amount of swelling could be visible.

Day 3: Skin may still be pinkish, but should start to return to normal color.

Please contact us if you have any questions or concerns: (208) 339-0106