



Vampire BreastLift After-Care Instructions

- Bruising is normal after the Vampire BreastLift. You will feel sore until the bruising resolves. Tylenol®/acetaminophen may be taken for this discomfort.
- Do not use anti-inflammatory pain relievers for 3 months, if possible. These include: Aspirin (unless taking for a heart regimen or clotting disorder), Motrin®, ibuprofen, Aleve®, and many prescription arthritis medications.
- Don't expect to see results for about 3 months.

Please contact us if you have any questions or concerns: (208) 339-0106

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