



NeoGen After-Care Instructions

- Keep the treated area clean; avoid touching the area; avoid contact with pets; use a clean pillowcase for the first 2–3 nights; avoid areas where germs are transmitted (public gyms, swimming pools, etc) until healed.
- Be gentle with the treated area. For the first few mornings, just let tepid shower water run over it. **DO NOT** rub, scrub, or use cleansers until peeling is starting, then just gently pat, using a gentle cleanser such as Cetaphil or Cerevé.
- Use the moisturizer spray as desired throughout the healing process.
- Once peeling has started, use the provided moisturizer twice daily.
- Aquaphor may be applied gently as desired throughout the healing process.
- Our goal is to avoid early peeling, so do your best to keep the skin intact until it's ready to peel.
- Watch for signs of infection: redness, drainage, extreme tenderness. **Notify us if this happens.**
- Tylenol or ibuprofen may be taken for mild discomfort.
- For the first two nights, take Benadryl 25mg (if you tolerate this) at bedtime, then Claritin or Zyrtec during the day. This will help with swelling, as will sleeping with the head slightly elevated.

Please call or text us if you have questions or concerns: (208) 339-0106