

Botox and Dysport After-Care Instructions

To minimize the possibility of ptosis:

- Avoid lying down for at least 4 hours after treatment.
- Facial exercise in the area of treatment is recommended (frown/smile) for 1 hour.

Treatment effect may take 2–10 days to appear.

Benefits may last 3–6 months—on average, 4 months.

Please contact us as soon as possible after the 10th day if you have not achieved the desired results, or if you experience any complications: (208) 339-0106

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Integrative Wellness & Aesthetics