



After Care Instructions P-Shot®

- USE YOUR PENIS PUMP!! Twice a day for 6 weeks, then once a day for 6 weeks.
- You may resume normal activity.
- Intercourse may be resumed the day of the procedure...and is encouraged.
- Avoid anti-inflammatory (NSAID's, aspirin, Motrin®, Aleve®, ibuprofen) medications for 2 weeks following the procedure, unless taking aspirin for heart or clotting conditions. Tylenol® (acetaminophen) may be taken.
- It's normal to see a small amount of bruising around the injection sites. You might notice a small amount of bleeding when using the penis pump for the first day or two after the procedure.
- Please contact us if you have any questions or concerns: **(208) 339-0106**.

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