



After Care Instructions O-Shot®

- You may resume normal activity immediately.
- Intercourse may be resumed the day of the procedure...and is encouraged.
- Avoid anti-inflammatory medications (NSAID's, aspirin, Aleve®, Motrin®, Ibuprofen, etc.) unless taking aspirin for a heart or clotting condition for 2 weeks after treatment.
- If you received the O-shot® for urinary incontinence, you might notice an immediate improvement, followed by a return of incontinence for a period of time (a few weeks), followed by consistent improvement as the new tissue begins to regenerate.
- It's normal to see a small amount of bruising around the injection sites. You might even notice a small amount of bleeding.
- Please contact us if you have any questions or concerns: **(208) 339-0106**.

Snake River Aesthetics & MediSpa

815 S. 1st Ave., Pocatello, Idaho 83201

phone/text: 208.339.0106 email: snakerivermedispa@gmail.com web: snakerivermedispa.com