



## **After Care Instructions Vampire Hair Restoration®**

- It's normal to have some achiness, and bumpiness on the scalp for a day or two. You may use Tylenol® (acetaminophen) for pain, but avoid all anti-inflammatory pain relievers (NSAID's – aspirin, Motrin®, ibuprofen, Aleve®) for two weeks following the procedure unless taking aspirin for heart or clotting conditions.
- You may resume normal activity, just keep the area extra clean for 24-48 hours.
- You may shampoo your hair as normal.
- Use a DHT blocking shampoo/treatment (Rogaine®, Monat®) system for at least 3 months.
- You should return for a follow-up treatment (if desired) in 8-12 weeks.

### **What to expect:**

- Some patients start noticing fine hairs starting to grow within just a few weeks, but this is not normal. Remember, the PRP starts working in about 3 weeks and you will see the final result in about 3 months.
- Most patients require at least 2 treatments to begin seeing the volume of new hair growth that they desire.
- Most patients require follow-up treatments yearly to maintain the new hair growth. It is recommended to continue using a DHT blocking shampoo/treatment system to prevent loss of the new hair growth.

Please call us if you have any questions **(208) 339-0106**

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